

breakfast items available every day							
Cereals, Muesli, Yoghurt	Prunes / Grapefruit	Toast / preserves	Baked beans or boiled egg	Tea / coffee / fruit juice	Full cooked breakfast at weekends		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>Lunch Menu</b>							
Main	BBQ Chicken Breast	Roast Beef & Yorkshire pudding	Lamb Tagine	Lasagne	sandwich lunch	Chefs choice	Chefs choice
Vegetarian	Broccoli & Cauliflower Cheese	Mediterranean Quiche	Spanish style Quorn sausages	Vegetarian Mince Lasagne	Soup/crisps/drink	As for Friday supper	As for Saturday
Fish				Grilled haddock	Fresh fruit	"	"
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	"	
Vegetables 1	Sweet corn	Peas	Cauliflower	Fresh Broccoli		"	
Vegetables 2	Whole green beans	Fresh Carrots	Sauted Mushrooms with Tarragon	Baton Carrots		"	
Potatoes / rice / pasta	Boiled new Potatoes	Roast Potatoes	Saffron Rice or Cracked wheat	Garlic Bread		"	
Dessert	Chocolate & pear sponge with custard	Lemon & Syrup Drizzle cake	Fresh Fruit salad	Carrot Cake		"	"
<b>Afternoon Menu</b>							
Options	Tea / coffee	Milkshakes	Fruit juice	Biscuits	Chefs choice	"	"
<b>Supper Menu *</b>							
					"	"	
Sandwiches	Choice of fillings	Choice of fillings	Choice of fillings	Choice of fillings	"	"	Chef's choice
Main	Pasta Neapolitana with Ciabatta bread	Chinese style Ribs with Noodles	Burgers in a Bap with onions & relish	Chicken Jalfrezi & rice	Chef choice	"	Breaded chicken fillet
Vegetarian		Vegetarian spring roll	Vegetable burgers		"	"	Welsh rarebit
Vegetables	Mixed Vegetables	Sweetcorn	Chips & peas	Rice	Chef's choice	"	Baked beans
Salad					Chef's choice	Salad bar	Salad bar
Dessert	Yogurts	Chocolate Crunch	Strawberry mousse with summer fruits	Home made Cookies	Chef's choice		Fresh fruit
<b>Available with every meal</b>							
Options	Brown bread			White bread		Fresh fruit	

**N.B. These menus are subject to change**